THE LONGSWORD OF FIORE DEI LIBERI

CONCEPTS AND APPLICATIONS TO SPARRING

A GLADIUS & CODEX WORKSHOP WITH FEDERICO MALAGUTTI

Saturday & Sunday, November 7 & 8, 2026
Zürich, Sportanlage Sihlhölzli

Federico Malagutti is a long-time practitioner of HEMA and focuses on the Italian longsword tradition. In this seminar, he will teach the historic concepts of Fiore dei Liberi's style and how they can be applied in the context of sparring.

Price:

- Fr. 10.- for Gladius et Codex members
- Fr. 50.- external participants

Registration: https://forms.gle/Kt793yGHmuUbjhFw6

Contact: fiore.workshop.2026@gmail.com

Program:

Saturday, November 7, 2026

- 10:00 - 13:00: Introduction to Fiore's system (minimal gear)
- 13:00 - 14:00: Lunch break
- 14:00 - 17:00: Application to sparring (full gear)

Sunday, November 8, 2026 (full gear)

- 09:00 - 12:00: Concepts & applications
- 12:00 - 13:30: Lunch
- 13:30 - 16:30: Concepts & applications